

Really Easy African Mango Fool

By Sharon123

Flavor Profile: African

8 Servings

"An easier version of mango fool! This is called African but also made in the Caribbean and the South!"

Ingredients:

2 mangoes

3 tablespoons sugar (to taste)

whipped cream

Directions:

Peel and cut mango into pieces. Place the mango in the blender or food processor with the sugar and puree. Fold in desired amount of whipped cream and chill in the fridge. Serve when cold. Enjoy!

